

LIETUVOS UNIVERSITETŲ REKTORIŲ KONFERENCIJA  
Lithuanian Universities Rector's Conference

**Agreement of the communities of the Lithuanian universities  
Regarding the training in resuscitation skills**

31 January 2020

We, the undersigned rectors of the Lithuanian universities and the Lithuanian National Union of Students,

With regards to the research-based recommendations provided in the 2015 guidelines of the European Resuscitation Council (ERC), the directive of the International Liaison Committee on Resuscitation and the European Commission recommending to begin the mandatory practical training in initial resuscitation at the age of 12, update and maintain the lifelong practical resuscitation skills;

Knowing that sudden cardiac death is the third most common avoidable cause of death in the developed countries that happens in the presence of family members, co-workers or other people when the medics are absent in four out of five cases. In these cases, the person's life is in the hands of the present people and their actions in the case of such an accident are directly related to their practical skills of initial resuscitation;

Based on the good practices of the developed countries that have introduced mandatory training in initial resuscitation in secondary and higher education schools (Denmark, Italy, France, Malta, USA), created the networks of first-aiders in their communities, invested in the development of automatic defibrillators in public spaces and, therefore, increased the number of the witnesses of the accident who can provide the initial resuscitation by several times as well as the chances of the person's survival without any residual neurological deficit. The Danish survey published in 2019 indicates that the survival rate after the sudden cardiac arrest at a public place reaches 73% if a defibrillator is present at the location and the witness of the accident perform the procedure of defibrillation until the arrival of the ambulance service in comparison to 44% survival when the procedure of defibrillation is performed by the medics upon the arrival of the ambulance;

Sharing the responsibility to educate mature, responsible graduates who are ready to help in case of an accident and have the required skills with the Lithuanian National Union of Students and the Ministry of Education, Science and Sport of the Republic of Lithuania

We undertake to:

- Equip a classroom for individual training in which the students could learn the practical first aid skills using the first aid manikins, training defibrillators and other simulation tools;
- Aim for each graduate to prepare to become a certified first-aider according to the requirements of the ERC during studies (gain theoretical knowledge as well as practical resuscitation skills);
- Provide the students with the possibility to include the first aid training in their study plans;
- Install an automatic external defibrillator and include it in the city's network of defibrillators;
- Inform the university's community about the network of the first-aiders (AED ALERT mobile app) that helps to find the people who know how to resuscitate a person and are nearby

*Address: Laisvės al. 13, LT-44238, Kaunas, LITHUANIA;  
Code 191900971; account No. LT147044060001216614; SEB Bank, Vilnius branch  
Tel. +37061868019, email [lurkbiuras@lurk.lt](mailto:lurkbiuras@lurk.lt)  
<http://www.lurk.lt>*

and encourage the certified community members who have completed the training to join this network.

Rector of ISM University of Management and Economics dr. Dalius Misiūnas */signature/*  
Rector of Kaunas University of Technology prof. Eugenijus Valatka */signature/*  
Rector of Klaipėda University prof. dr. Artūras Razbadauskas */signature/*  
Commandant of the General Jonas Žemaitis Military Academy of Lithuania col Juozas Kačergius */signature/*  
Rector of the Lithuanian Sports University doc. dr. Diana Rėklaitienė */signature/*  
Rector of the Lithuanian Academy of Music and Theatre prof. Zbignevas Ibelgauptas */signature/*  
Rector of the Lithuanian University of Health Sciences prof. habil. dr. Remigijus Žaliūnas */signature/*  
Rector of Mykolas Romeris University prof. dr. Inga Žalėnienė */signature/*  
Rector Ad Interim of Šiauliai University prof. dr. Darius Šiaučiūnas */signature/*  
Rector of Vilnius Art Academy doc. Ieva Skauronė */signature/*  
Rector of Vilnius Gediminas Technical University prof. dr. Alfonsas Daniūnas */signature/*  
Rector of Vilnius University prof. habil. dr. Artūras Žukauskas */signature/*  
Rector of Vytautas Magnus University prof. Juozas Augutis */signature/*  
President of the Lithuanian National Union of Students Eigirdas Sarkanas */signature/*

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<http://www.lurk.lt>*